Deciduous trees lose their leaves in winter. This makes it harder to identify them. Imagine you are an animal in winter, how would you recognise your tree home? See the difference in tree bark and begin to identify and name trees.

You will need:
• Paper
• Crayons or chalk

What to do:
• Find the toadstools that are on trees dotted around the garden and woodland walk that are suitable and safe for bark rubbing.
• Choose a tree to focus on. Are some leaves beginning to fall? If the answer is yes, it must be a deciduous tree. Trees that stay green throughout the year are known as evergreen. Can you find an evergreen tree?
• Press a piece of paper onto the tree trunk. You could simply hold it down or ask a grown up to help. Run the crayon over the paper. Which way is best, left to right or up and down? What does the bark look like? What does it feel like?