

SPRING HAS SPRUNG GREEN MAN TRAIL

The Green Man has been working hard, waking the plants in Swiss Garden from their winter slumber. Can you find him in our garden and see if the plant has started to grow? Why not see how many of the same plants you can find throughout the garden.

Flowering Currant

flowering currant. Its early spring flowers provide food for butterflies and bees. It has a really distinctive smell, which some people don't like they often call it the Cat-Pee-Plant!



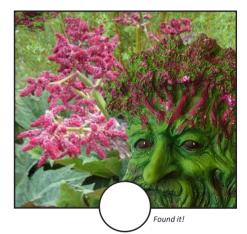
Camelia

Many wildlife species use the red- Camellia plants come from Asia, & first came to Europe about 350 years ago. Tea is a type of Camelia. In China, oil from the seeds is used as cooking oil, a hair treatment & for cleaning and treating knife and sword blades.



Turkey Rhubarb

Turkey rhubarb has been used as a medicine for at least 2,000 years. At very low doses, rhubarb tannins are an effective treatment for diarrhoea, whilst higher doses are useful for treating constipated individuals.



Euphorbia

Euphorbia is a genus of 2008 plant species, one of the largest in the plant kingdom. They are commonly plants that do not need a lot of water, like cacti, and can be deadly.



Hellebore

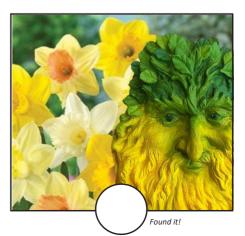
Its name originates from the Greek words "helle" [*to take away*] and "bora" [food]. The name refers to the emetic properties of this plant – i.e. something that makes people vomit.



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Daffodils

Gifting a bouquet of daffodils is believed to ensure happiness to the recipient...but legend has it that presenting only a single daffodil means bad luck may be coming.



Yew

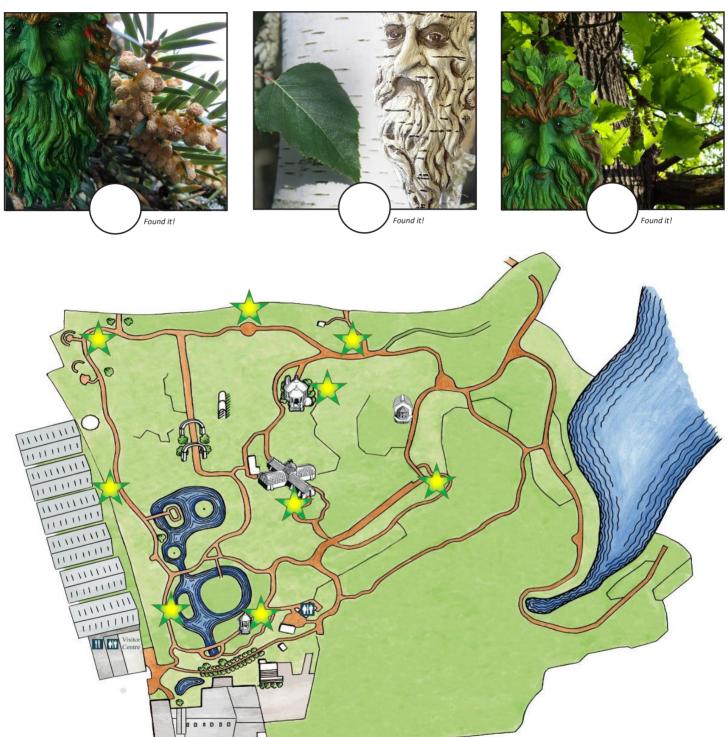
The Yew is Britain's longest living species of tree. One in Perthshire is estimated to be between 2,000 and 3,000 years old. All parts of the tree are highly poisonous, but a chemical in Yew can be used to treat Cancers.

Silver Birch

The Silver Birch provides food and habitat for more than 300 insect species. In early Celtic mythology, the birch symbolised renewal and purification - Bundles of birch twigs were used to sweep away evil spirits.



Oak forests support more life forms than any other native forest. An oak tree will produce about 10 million acorns during its lifetime - a vital food source to many animals and birds, but very poisonous to dogs & horses.



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Trails at Shuttleworth shuttleworth.org/trails